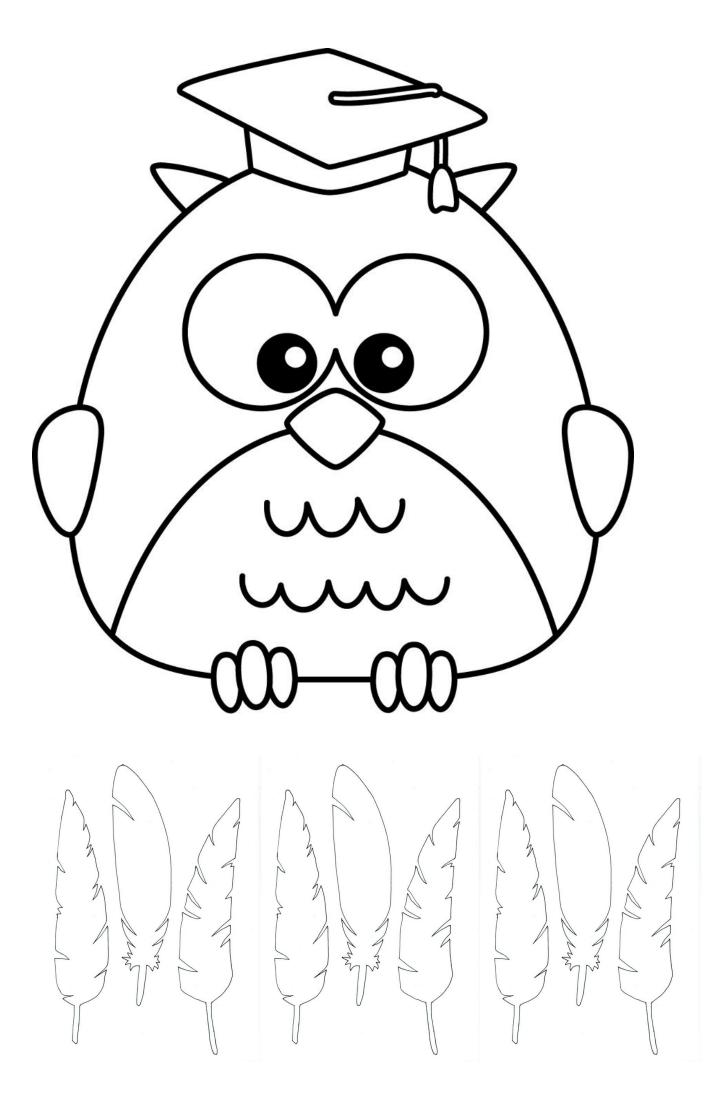
## Sunday 15<sup>th</sup> August 2021

## Wise instructions

**Today's reading is from Paul's letter to the Ephesians** (chapter 5, verses 15-20). He is giving them instructions about how to live:

<sup>15</sup> Be very careful, then, how you live—not as unwise but as wise,
<sup>16</sup> making the most of every opportunity, because the days are
evil. <sup>17</sup> Therefore do not be foolish, but understand what the Lord's
will is. <sup>18</sup> Do not get drunk on wine, which leads to debauchery.
I nstead, be filled with the Spirit, <sup>19</sup> speaking to one another with
psalms, hymns, and songs from the Spirit. Sing and make music from
your heart to the Lord, <sup>20</sup> always giving thanks to God the Father for
everything, in the name of our Lord Jesus Christ.

Here is a picture of a wise owl for you to colour in. Draw a big speech bubble and write in one of the wise things he has learned from Paul. There are some feathers to cut out and decorate him with, as well.



Be very careful, then, how you live—not as unwise but as wise.

Make the most of every opportunity.

Do not be foolish, but understand what the Lord's will is.

Do not get drunk on wine - instead, be filled with the Spirit.

Speak to one another with psalms, hymns, and songs from the Spirit.

Sing and make music from your heart to the Lord.

Always give thanks to God the Father for everything.